

# INTRODUCTION TO FAMILY SUPPORT

## Study best practices of the Family Support Field

**INTRO TO FAMILY SUPPORT  
FSS 175 / #4976 • 3 CREDITS**

**Class begins September 20**

**Tuesdays • 2:50-5:30 p.m.**

This introductory class focuses on the best practices of the Family Support field with an emphasis on creating partnerships with families. It's great for people already working in the family support field or in parent education, early childhood education, schools, and the health and human service field.

**In this class, you will:**

- Apply empowerment concepts to personal experience and the work environment.
- Demonstrate the principles of family support in order to identify "best practices."
- Demonstrate sensitivity to diverse perspectives and lifestyles.
- Identify the skills needed as family support practitioner.
- Enhance communication skills.
- Observe two community family support sites.



**Instructors:** Janyne Slabaugh, M.S. and Nancy Houtz

Chair of the Family Life Education Department at Edmonds Community College, **Slabaugh** has over 30 years of experience working with infants, teens, families and communities on education and community-building processes. **Houtz** has over 24 years experience working with infants-teen families, and communities through education and collaborative community building processes. Prior experiences include teaching in West Africa and co-author of "Help! For Parents of Children Birth to Five." She also works in a research program at the University of Washington.

**Note:** All classes qualify for clock hours and STARS credits. Credit can be transferred to CEU's.

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**Registration Information: (425) 640-1459 • <http://enroll.edcc.edu>**  
**Family Support Studies: (425) 640-1665 • <http://fss.edcc.edu>**

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# **LEADERSHIP**

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**Study leadership in diverse workplaces and community settings  
...and apply leadership skills and knowledge to working with families**

**LEADERSHIP  
FSS 210 / #4994 • 3 CREDITS**

**Class meets: Sept. 25 • Oct. 9 & 23 • Nov. 6 & 20  
5 Saturdays • 9 a.m.-3:45 p.m.**

The class is designed for those currently working with families or interested in working with families through Head Start, schools and social service agencies.

**In this class, you will:**

- Develop skills in decision-making, managing conflict, and initiating change.
- Identify your leadership style as well as develop a personal leadership plan.
- Explore effective leadership in organizations/agencies.
- Participate in personal leadership assessment strategies.
- Explore strategies to develop parent leadership.
- Identify your strength as a leader.
- Practice leadership skills.
- Observe community leadership.



**Instructor:** James Jones M.A.

A graduate of the college's Family Support Program, he is known as a leader in developing community connections through the Edmonds School District. He works as a guidance counselor at College Place Middle School.

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# **PARENT DEVELOPMENT: THEORY & PRACTICE**

**An online class that will help you develop skills in Parenting Education  
... or give you tools to share information with parents**

## **PARENT DEVELOPMENT FSS 185 / #4982 • 3 CREDITS**

This course explores the process of parent development and practices of delivering parenting information through different approaches: home visiting, individual parent conferences, support groups and classes that are culturally respectful of family diversity. Develop and practice specific skills such as facilitating parent leadership, group process skills, communication skills, curriculum development and evaluation, and advocacy. Integrates information and skill development in terms of Family Support principles and practices. Designed for those currently working with families in Head Start, schools and social service agencies. Open to anyone interested in working with families.

### **In this class, you will:**

- Explore the role of parenting education in the family support field.
- Identify knowledge and skills needed to be an effective parenting educator.
- Review and critique several parenting education models.
- Define your theoretical framework for teaching parenting education.
- Practice and experiment with diverse education options.
- Contrast parent education to therapy.
- Observe community application of parent development.



**Instructor:** Janyne Slabaugh, M.S., has over 30 years experience working with families of infants-teens, and communities through education and collaborative building processes. She is chair of the college's Family Life Education Department.

**Note:** All classes qualify for clock hours and STARS credits. Credit can be transferred to CEU's. Online courses require access to the Internet and email (no campus meetings).

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